



Always Ready, Proud To Serve

Serving Unincorporated
Dade County and the
Municipalities of:

Aventura
Bal Harbour
Bay Harbor Islands
Biscayne Park
Doral
El Portal
Florida City
Golden Beach
Hialeah Gardens
Homestead
Indian Creek
Islandia
Medley
Miami Gardens
Miami Lakes
Miami Shores
Miami Springs
North Bay Village
North Miami
North Miami Beach
Opa-locka
Palmetto Bay
Pinecrest
South Miami
Sunny Isles
Surfside
Sweetwater
Virginia Gardens
West Miami

Miami-Dade Fire Rescue Department

9300 N.W. 41st Street
Doral, Florida 33178-2414
T 786-331-5000

miamidade.gov

Dear Dr. Nadel,

I would like to extend my deepest appreciation for all your assistance in 2020. This year with COVID that has brought a global pandemic that has affected the world. It has also affected First Responders and their families personally.

Along with the illness itself, the pandemic has triggered a wave of mental health concerns. Your professionalism, compassion and assistance has significantly helped Miami Dade Fire Rescue (MDFR) personnel and their families. Your work was pivotal in helping firefighter families through your assistance to MDFR's and Local 1403: "The wives and spouses of the MDFR Community".

By providing support and zoom meetings you helped families navigate the acute stress brought on by the pandemic. You also provided assistance via the MDFR ZOOM COVID support group. Your understanding of the topic of COVID and also your decades of experience in mental health is evident in your concern for firefighters and civilians who struggle with COVID both physically and mentally.

Your efforts literally changed our members' lives for the better and thus I am very grateful.

Your support to Miami Dade Fire Rescue Family is crucial and in joining with us, you become part of our family.

Sincerely,

Alex Trinchet, Lieutenant/Chaplain, MA (Professional Counseling), EMT-P

Miami Dade Fire Rescue Mental Health/Chaplaincy Coordinator

Delivering Excellence Every Day